Immunisation:

What you need to know before you consent





Inform your health provider if you need an interpreter

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يُرجى إعلام الطبيب أو الممرضة إذا كنت بحاجة إلى مترجم. محاجة إلى مترجم.

စကားပြန် အလိုရှိက၊ ကျန်းမာရေးစစ်ဆေးပေးသူ ကိုအကြောင်းကြားပါ။ **BURMESE**

اگربه ترجمان ضرورت دارید به دکتور، یا نرس خود اطلاع دهید.

Lekke dictordu awu raan lui paan akim yin kor raan bi war thok.

DINK

សូចក្រាប់ ទោ ជន្ងាឈ្មើត / តំលាន់ព្យង្វាយិការបស់ លោក ក្រា ប្រស់នាបីត្រូវការអ្នកបកប្រែកសោក

Mumenyeshe ujejwe kubungabunga amagara yawe niba ugomba umusiguzi KIRUNDI

تکایه ئهگهر پێویستت به وهرگێر (موتهرجیم) ههیه ئهوا دکتورێك/برینپێچێك ئاگاداریکهوه KURDISH

Laari kim du Lari mi gööri yöö ba Ji Luoc thok.

درصورتیکه به مترجم نیازدارید به دکتر، یا پرستار خود اطلاع دهید.

PERSIAN

Mjulishe mhudumu wako wa afya kama unahitaji mkalimani swahili

यदी हजुर लाई दोआशे चाहित्छ अले.हजुरको स्वास्थ्य उपचार कर्ता लाई जातकारी गराजनुहोस्। NEDALESE

If your client requires a telephone interpreter please phone 131 450

Acknowledgements

Developed and regularly updated by:

Immunisation Section,
Communicable Disease Control Branch,
Department for Health and Ageing
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Adelaide SA 5000

Version control and change history

Version	Date	Amendment
1.0	February 2005	Original version- Green Cover
2.0	July 2008	Updated document- Blue Cover
3.0	August 2011	Updated document- Plum Cover
4.0	July 2013	Updated inserts- full document
4.1	November 2015	Updated inserts x 12 • Acknowledgements (1) • Childhood Immunisation Program (1) • Additional vaccines for Aboriginal children (2) • Vaccine due at 18 months (1) • Vaccine due at 4 years (2) • Other Common Vaccines (1) • Influenza vaccine (1) • Pneumovax 23 vaccine (1) • Prevenar vaccine (1) • Zoster (herpes zoster) vaccine (1)
5.0	April 2018	Updated document

Reference:

- The Australian Immunisation Handbook https://beta.health.gov.au/topics/immunisation
- The Therapeutic Goods Administration product information https://www.tga.gov.au

Immunisation Information

The immunisation information in this folder is to help you understand more about certain diseases and the vaccines used to prevent them.

• You only need to read the sheets relevant to your vaccinations

This information will assist you in reaching a decision about choosing to vaccinate

What's the next step?

Go to CHILDHOOD IMMUNISATION PROGRAM tab – if this vaccination is for a child

OR

Go to OTHER COMMON VACCINES tab – if vaccinations are not for the Childhood Immunisation Program

The term Aboriginal is inclusive of Aboriginal and Torres Strait Islander People

Childhood Immunisation Program

This section includes information for the Childhood Immunisation Program.

Please note: Vaccines may be given in combination such as MMR (Measles, Mumps and Rubella) vaccine

Routine Childhood Vaccines are due at:

- Birth
- 6 weeks, 4 and 6 months of age (additional vaccines for Aboriginal and Medically at Risk children)
- 12 months of age (additional vaccines for Aboriginal and Medically at Risk children)
- 18 months of age (additional vaccines for Aboriginal children)
- 4 years of age (additional vaccines for Medically at Risk children)

What's the next step?

- Step 1: Read the Prevaccination Screening Checklist (over page).
- **Step 2:** Read the relevant information sheets for required age and vaccine.
- **Step 3**: Discuss any gueries with your immunisation provider.

Pre-vaccination screening checklist

This	checklist helps your doctor/nurse decide about vaccinating you or you	r chil	d. Please tell your doctor/nurse if the person about to be vaccinated:	
	is unwell today has a disease which lowers immunity (e.g. leukaemia, cancer, HIV/AIDS) or is having treatment which lowers immunity (e.g. oral steroid medicines such as cortisone and prednisone, radiotherapy, chemotherapy) has had a severe reaction following any vaccine has any severe allergies (to anything) has had any vaccine in the past month has had an injection of immunoglobulin, or received any blood products or whole blood transfusion within the past year		is pregnant has a past history of Guillain-Barré syndrome has a chronic illness has a bleeding disorder was a preterm infant is an infant of a mother who was receiving highly immunosuppressive therapy (e.g. biological disease modifying anti-rheumatic drugs (bDMARDs) during pregnancy	
Add	litional vaccines may be recommended if the person to be vaccinated:			
	is an infant who was preterm			
	identifies as an Aboriginal person			
	does not have a functioning spleen			
	is planning a pregnancy or anticipating parenthood			
	is a parent, grandparent or carer of a newborn			
	lives with someone who has a disease which lowers immunity (e.g. leukaemi lowers immunity (e.g. oral steroid medicines such as cortisone and prednisor		-	
	is planning travel			
	has an occupation or lifestyle factor(s) for which vaccination may be needed	(discı	uss with your doctor of nurse)	
Note: Please discuss this information or any questions you have about vaccination with your doctor or nurse before the vaccine is given. It is important for you to take home a personal record of your or your child's vaccinations. If you do not have a record, ask your doctor or nurse to give you one and bring it with you each time you or your child have a vaccination. Vaccination details will be forwarded to the relevant national immunisation register.				

Vaccines due at Birth

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, *healthdirect Australia* is able to offer advice on 1800 022 222.



Vaccines due at Birth

Hepatitis B

Not a live virus vaccine

The birth dose of hepatitis B vaccine is recommended as part of a long- term prevention strategy to reduce the incidence of hepatitis B disease in Australia.

Effects of the Disease

Hepatitis B: A contagious virus spread mainly by blood, sexual contact, from mother to newborn baby and person-toperson (usually through contact between open sores or wounds).

Following acute infection, up to 10% of those infected as adults and up to 90% of those infected as neonates become chronically infected with hepatitis B. Carriers of hepatitis B virus often have no symptoms and may not be aware that they are infected; though they are capable of transmitting the disease.

1 in 4 chronic cases die prematurely from cirrhosis or liver cancer.

Common

- Low grade fever
- Pain, redness and swelling at the injection site

Possible side effects of vaccination

Uncommon

 Injection site nodule, lasting many weeks. No treatment is necessary

Very Rare

• Severe allergic reaction (anaphylaxis)

Note: Extensive studies indicate that the birth dose of hepatitis B vaccine is very well tolerated by newborn infants. It does not interfere with either the establishment or maintenance of breast feeding

- What to do to reduce side effects • Give extra fluids (e.g. more breast/
- Do not overdress the infant
- if hot

bottle feeds)

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am -5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 6 weeks, 4 and 6 months

Additional vaccines may be due at 6 months of age for children with specific medical conditions.

Please discuss this with your immunisation provider.

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, *healthdirect Australia* is able to offer advice on 1800 022 222.



6 weeks, 4 and 6 months

Vaccines due at 6 weeks and 4 months

Rotavirus

Oral live virus vaccine

The first dose of the rotavirus vaccine Rotarix must be given before the end of the 14th week of age and no doses should be given once the child turns 25 weeks of age.

Effects of the Disease

Rotavirus: Rotavirus is transmitted by the faecal/oral route, through close person to person contact and contact with contaminated objects.

Rotavirus starts with fever and vomiting, followed by diarrhoea. The diarrhoea can be mild to severe and generally lasts 3-7 days.

Prior to the vaccination program in Australia each year rotavirus disease caused 22,000 Emergency Department visits and 10,000 hospital admissions in children less than 5 years of age.

Common

The following reactions may occur and may last up to 7 days

Possible side effects of vaccination

- Diarrhoea
- Vomiting

Very Rare

- Severe allergic reaction (anaphylaxis)
- Intussusception a type of bowel obstruction – can occur in 1 in 17,000 children after the 1st or 2nd dose

What to do to reduce side effects

- Give extra fluids (e.g. more breast/ bottle feeds or water)
- Paracetamol liquid can be given according to the instructions on the bottle
- Do not overdress the infant if hot

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 6 weeks and 4 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Pneumococcal Not a live virus vaccine	Pneumococcal infections: bacteria spread by airborne droplets from the nose and throat; causes fever, pneumonia (severe chest infection), septicaemia (blood poisoning), meningitis (infection of the tissues surrounding the brain) and occasionally other infections. About 3 in 10 people with meningitis die.	Pain, redness and swelling at the injection site Low grade fever Irritability, drowsiness and decreased appetite Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis)	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot
			If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 6 weeks, 4 and 6 months

Vaccine

Diphtheria/Tetanus/
Pertussis (Whooping

Cough)

Not a live virus vaccine

Effects of the Disease

Diphtheria: contagious bacteria spread by airborne droplets from the nose and throat; causes severe throat and breathing difficulties, nerve paralysis and heart failure. About 16% of patients die.

Tetanus: caused by toxin of bacteria in soil; causes painful muscle spasms, convulsions and lockjaw. About 2 in 100 patients die.

Pertussis (whooping cough): contagious bacteria spread by airborne droplets from the nose and throat; causes "whooping cough" and vomiting; cough can last up to 3 months. About 1 in 125 babies under 6 months who have pertussis die from pneumonia or brain damage.

Common

• Pain, redness and swelling at injection site

Possible side effects of vaccination

- Low grade fever
- Irritable, crying, unsettled and generally unhappy
- Drowsiness or tiredness

Uncommon

Injection site nodule, lasting many weeks.
 No treatment is necessary

Rare

• Continuous screaming for 3 or more hours

Very Rare

- Severe allergic reaction (anaphylaxis)
- Hypotonic-hyporesponsive episode when an infant becomes pale, limp and unresponsive for a short period. This can occur from 1 to 48 hours after the vaccination

- What to do to reduce side effects
- Give extra fluids (e.g. more breast/ bottle feeds or water)
- Paracetamol liquid can be given according to the instructions on the bottle
- Do not overdress the infant if hot

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 6 weeks, 4 and 6 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Hepatitis B Not a live virus vaccine	Hepatitis B: A contagious virus spread mainly by blood, sexual contact, from mother to newborn baby, person-to-person (usually through contact between open sores or wounds). Following acute infection, up to 10% of those infected as adults and up to 90% of those infected with hepatitis B. Carriers of hepatitis B virus often have no symptoms and may not be aware that they are infected; though they are capable of transmitting the disease. 1 in 4 of all chronic cases die prematurely from cirrhosis or liver cancer.	Common Low grade fever Pain, redness and swelling at the injection site Unsettled Uncommon Injection site nodule, lasting many weeks. No treatment is necessary Very Rare Severe allergic reaction (anaphylaxis)	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 6 weeks, 4 and 6 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Polio Not a live virus vaccine	Poliomyelitis: Contagious virus spread by faeces and saliva; symptoms can include fever, headache, vomiting, neck and back stiffness and may progress to paralysis. About 1 in 20 children and 1 in 3 adults with paralytic polio die. 100% of all children that remain unprotected and come in contact with the virus will become infected.	 Common Pain, redness and swelling at injection site Low grade fever Crying Decreased appetite Muscle aches Uncommon Injection site nodule, lasting many weeks. No treatment is necessary Very Rare Severe allergic reaction (anaphylaxis) 	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 6 weeks, 4 and 6 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Hib - Haemophilus influenzae type b Not a live virus vaccine	Hib: Contagious bacteria spread by airborne droplets from the nose or throat. Causes meningitis (inflammation of the brain), epiglottitis (respiratory obstruction), septicaemia (infection of the blood) and septic arthritis (infection in the joints). About 1 in 20 meningitis patients die. Up to 30% who survive have permanent brain or nerve damage. All epiglottitis patients die without treatment.	 Common Pain, redness and swelling at injection site Mild fever Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis) 	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Additional vaccines for Aboriginal children at 6, 12 and 18 months

The term Aboriginal is inclusive of Aboriginal and Torres Strait Islander People

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, *healthdirect Australia* is able to offer advice on 1800 022 222.



Additional vaccines for Aboriginal children

Additional vaccines for Aboriginal children at 6 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Pneumococcal Due at 6 months of age Not a live virus vaccine	Pneumococcal infections: bacteria spread by airborne droplets from the nose and throat; causes fever, pneumonia (severe chest infection), septicaemia (blood poisoning), meningitis (infection of the tissues surrounding the brain) and occasionally other infections. About 3 in 10 people with meningitis die.	Pain, redness and swelling at the injection site Low grade fever Irritability, drowsiness and decreased appetite Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis)	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot
			If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Additional vaccines for Aboriginal children at 12 and 18 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Hepatitis A Dose 1 due at 12 months Dose 2 due at 18 months Not a live virus vaccine	Hepatitis A: an acute infection of the liver. The virus survives for a long time on food kept at room temperature and on hands. Hepatitis A virus is spread from person to person or when contaminated food or water has been consumed. Causes fever, tiredness, feeling unwell, loss of appetite, vomiting, dark coloured urine, jaundice and pale faeces. Young children may not show symptoms but can still infect others. Aboriginal children are at a greater risk of acquiring hepatitis A and also for being hospitalised with the infection, compared to non-Aboriginal children.	 Common Pain, redness and swelling at injection site Low grade fever Headache Very Rare Severe allergic reaction (anaphylaxis) 	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the child if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Additional vaccines for Aboriginal children at 6 months to <5 years

Additional vaccines for Aboriginal children at o months to 15 years				
Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects	
Influenza (Flu) Recommended annually for all Aboriginal children aged 6 months to <5 years Not a live virus vaccine *People with a life threatening allergy to eggs should speak to their doctor before having the vaccination	Influenza: is a contagious virus spread from person to person by airborne droplets from the nose and throat, or by direct contact with secretions on hands, tissues and other objects. Onset of illness is usually abrupt and includes malaise, fever, chills, headache, loss of appetite, myalgia, cough, nasal discharge and sneezing. Temperatures may be higher in children(and may result in febrile convulsions) Influenza causes increased hospitalisations in the very young (under 5 year olds) and the elderly. Other high risk groups include pregnant women, people who are obese, diabetics and others with certain chronic medical conditions. There is an estimated 3000 deaths in people older than 50 years of age in Australia each year.	 Pain, redness and swelling at the injection site Fever Drowsiness, tiredness or generally feeling unwell Muscle aches Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis) Guillain-Barre (1 in 1 million) In children less than 5 years of age these side effects may be more pronounced 	 Drink extra fluids Rest Paracetamol can be given according to the instruction on the bottle/packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222. 	

Vaccines due at 12 months

Additional vaccines may be due at 12 months of age for children with specific medical conditions.

Please discuss this with your immunisation provider.

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, *healthdirect Australia* is able to offer advice on 1800 022 222.



12 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
MMR – Measles/ Mumps/ Rubella Live virus vaccine	Measles: Highly infectious virus spread by airborne droplets from the nose and throat. Causes high fever, rash and cough. About 1 in 15 children with measles develop pneumonia (severe chest infection) and 1 in 1,000 develop encephalitis (brain inflammation). For every 10 children who develop measles encephalitis, 1 will die and many will suffer permanent brain damage. About 1 in 100,000 children develop SSPE (brain degeneration), which is always fatal. Mumps: Contagious virus spread by saliva. Causes swollen neck and salivary glands. 1 in 5,000 children develop encephalitis (brain inflammation). 1 in 5 adolescent/adult males develop inflammation of the testes. Can cause infertility and deafness. Rubella: A contagious virus spread by airborne droplets from the nose and throat. Causes fever, rash, painful swollen glands and painful joints. 1 in 6,000 develop encephalitis (brain inflammation). Causes severe malformations in babies of infected women – 9 in 10 babies infected during the first trimester of pregnancy will have major abnormalities (deafness, blindness, brain damage and heart defects).	 Common Pain, redness and swelling at injection site The following reactions may occur within 5 to 12 days after immunisation: Moderate fever High fever above 39°C lasting 2-3 days (5-15%) Faint rash (not infectious) may develop Cold like symptoms Swollen glands, stiff neck or joint pain Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Thrombocytopenia (bruising or bleeding) occurs after a first dose of MMR at a rate of about 5 in 100,000 Severe allergic reaction (anaphylaxis) 	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Meningococcal ACWY Not a live virus vaccine	Meningococcal: a bacteria spread by respiratory droplets. Causes meningitis (inflammation of the covering of the brain), septicaemia (blood infection) or a combination of the two. Pneumonia (severe chest infection), arthritis and conjunctivitis may also occur but are uncommon. A purple rash may develop in patients with meningococcal septicaemia. The rash may appear rapidly on any part of the body. Septicaemia with or without meningitis can be particularly severe, and can result in death. Of those who survive, 10-30% will have permanent long-term problems, such as the loss of limbs, deafness and brain damage.	Common The following reactions may occur: Pain, redness and swelling at injection site Mild fever Irritable or unsettled Decreased appetite Headache Uncommon Injection site nodule lasting weeks, no treatment necessary Rash Very Rare Severe allergic reaction (anaphylaxis)	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Pneumococcal Not a live virus vaccine	Pneumococcal infections: bacteria spread by airborne droplets from the nose and throat; causes fever, pneumonia (severe chest infection), septicaemia (blood poisoning), meningitis (infection of the tissues surrounding the brain) and occasionally other infections. About 3 in 10 people with meningitis die	Common Pain, redness and swelling at the injection site Low grade fever Irritability, drowsiness and decreased appetite Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis)	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the child if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 18 months

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, *healthdirect Australia* is able to offer advice on 1800 022 222.



18 months

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Diphtheria/ Tetanus/Pertussis (Whooping Cough) Not a live virus vaccine	Diphtheria: contagious bacteria spread by airborne droplets from the nose and throat; causes severe throat and breathing difficulties. The bacteria release a toxin which can cause nerve paralysis and heart failure. About 16% of patients die. Tetanus: caused by toxin of bacteria in soil; causes painful muscle spasm, convulsions and lockjaw. About 2 in 100 patients die. Pertussis (whooping cough): contagious bacteria spread by airborne droplets from the nose and throat; causes "whooping cough" and vomiting; cough can last up to 3 months. About 1 in 125 babies under 6 months who have pertussis die from pneumonia or brain damage.	 Common Pain, redness and swelling at injection site Low grade fever Uncommon Irritable, crying, unsettled and generally unhappy Drowsiness or tiredness Rare Continuous screaming for 3 or more hours Very Rare Severe allergic reaction (anaphylaxis) Hypotonic-hyporesponsive episode – when an infant becomes pale, limp and unresponsive for a short period. This can occur from 1 to 48 hours after the vaccination 	 Give extra fluids Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the child if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Chickenpox Live virus vaccine	Chickenpox: A highly contagious virus. Causes low-grade fever and an itchy, vesicular rash (fluid-filled spots). Reactivation of the virus later in life causes herpes zoster (shingles). 1 in 100,000 patients develop encephalitis (brain inflammation). About 3 in 100,000 patients die. Infection during pregnancy can result in congenital malformations in the baby. Infection in the mother around delivery time results in a severe infection in the newborn baby in 1 in 3 cases.	 Common Fever Pain, redness and swelling at injection site Uncommon Injection site nodule lasting weeks, no treatment necessary 5-26 days following vaccination Pustular rash (2-5 lesions) usually at injection site, occasionally elsewhere (can occur in 1 in 20 children) *Most 'chickenpox' like rashes that occur within the first 2 weeks after vaccination are due to 'wild type' chickenpox. Very Rare Thrombocytopenia (reduced platelets in the blood), ataxia (impaired ability to coordinate movement) and encephalitis (brain inflammation) Severe allergic reaction (anaphylaxis). 	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress child if hot Treat rash as infectious Seek advice from your pharmacy for products that may reduce itchiness If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

vaccines ade at 10 months					
Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects		
MMR - Measles/ Mumps/ Rubella Live virus vaccine	Measles: Highly infectious virus spread by airborne droplets from the nose and throat. Causes high fever, rash and cough. About 1 in 15 children with measles develop pneumonia (severe chest infection) and 1 in 1,000 develop encephalitis (brain inflammation). For every 10 children who develop measles encephalitis, 1 will die and many suffer permanent brain damage. About 1 in 100,000 children develop SSPE (brain degeneration), which is always fatal. Mumps: Contagious virus spread by saliva. Causes swollen neck and salivary glands. 1 in 5,000 children develop ancephalitic (brain inflammation). 1 in 5	Common Pain, redness and swelling at injection site The following reactions may occur within 5 to 12 days after immunisation: Moderate fever High fever above 39°C lasting 2-3 days (5-15%) Faint rash (not infectious) Head cold and/or runny nose Cold like symptoms Swollen glands, stiff neck or joint pain Uncommon	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the infant if hot 		
	develop encephalitis (brain inflammation). 1 in 5 adolescent/adult males develop inflammation of the testes. Can cause infertility and deafness. Rubella: A contagious virus spread by airborne droplets from the nose and throat. Causes fever, rash, painful swollen glands and painful joints. 1 in 6,000 develop encephalitis (brain inflammation). Causes severe malformations in babies of infected women – 9 in 10 babies infected during the first trimester of pregnancy will have major abnormalities (deafness, blindness, brain damage and heart defects).	 Injection site nodule lasting weeks, no treatment necessary Very Rare Thrombocytopenia (bruising or bleeding) can occur after the first dose (in about 5 in 100,000 people) Severe allergic reaction (anaphylaxis) 	If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.		

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Hib - Haemophilus influenzae type b	Hib: Contagious bacteria spread by airborne droplets from the nose or throat. Causes meningitis (inflammation of the brain), epiglottitis (respiratory obstruction), septicaemia (infection of the blood) and septic arthritis (infection in the joints).	Common Pain, redness and swelling at injection site Mild fever Uncommon	 Give extra fluids (e.g. more breast/bottle feeds or water) Paracetamol liquid can be given according to the instructions on the bottle
Not a live virus vaccine	About 1 in 20 meningitis patients die. Up to 30% who survive have permanent brain or nerve damage.	Injection site nodule lasting weeks, no treatment necessary	Do not overdress the infant if hot
	All epiglottitis patients die without treatment.	Severe allergic reaction (anaphylaxis)	If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Vaccines due at 4 years

Additional vaccines may be due at 4 years of age for children with specific medical conditions. Please discuss this with your immunisation provider.

If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, *healthdirect Australia* is able to offer advice on 1800 022 222.



Vaccines due at 4 years

Vaccines due at 4 years

vaccines ade at 1 years					
Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects		
Diphtheria/Tetanus/ Pertussis (Whooping Cough) Not a live virus vaccine	Diphtheria: contagious bacteria spread by airborne droplets from the nose and throat; causes severe throat and breathing difficulties. The bacteria release a toxin which can cause nerve paralysis and heart failure. About 16% of patients die. Tetanus: caused by toxin of bacteria in soil; causes painful muscle spasm, convulsions and lockjaw. About 2 in	Common Pain, redness and swelling at injection site Low grade fever Uncommon Irritable, crying, unsettled and generally unhappy Drowsiness or tiredness Rare	 Give extra fluids Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the child if hot 		
	100 patients die. Pertussis (whooping cough): contagious bacteria spread by airborne droplets from the nose and throat; causes "whooping cough" and vomiting; cough can last up to 3 months. About 1 in 125 babies under 6 months who have pertussis die from pneumonia or brain damage.	Continuous screaming for 3 or more hours Very Rare Severe allergic reaction (anaphylaxis)	If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer		

advice on 1800 022 222.

Vaccines due at 4 years

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Polio Not a live virus vaccine	Poliomyelitis: Contagious virus spread by faeces and saliva; symptoms can include fever, headache, vomiting, neck and back stiffness and may progress to paralysis. About 1 in 20 children and 1 in 3 adults with paralytic polio die. 100% of all children that remain unprotected and come in contact with the virus will become infected.	 Common Pain, redness and swelling at injection site Low grade fever Crying Decreased appetite Muscle aches Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis) 	 Give extra fluids Paracetamol liquid can be given according to the instructions on the bottle Do not overdress the child if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Other Common Vaccines

This section includes information on other vaccines:

- Adsorbed diphtheria-tetanus
- Diphtheria-tetanus-pertussis (Whooping Cough)
- Hepatitis A
- Hepatitis B
- Hepatitis A/B
- Human Papillomavirus (HPV)
- Influenza
- Measles, mumps, rubella (MMR)
- Meningococcal ACWY
- Meningococcal B
- Pneumococcal (Pneumovax 23)
- Pneumococcal (Prevenar 13)
- Poliomyelitis
- Varicella (Chickenpox)
- Zoster (herpes zoster)

What's the next step?

- **Step 1:** Read the Prevaccination Screening Checklist (over page).
- Step 2: Read the relevant information sheets for vaccine.
- **Step 3:** Discuss any queries with your immunisation provider.

Pre-vaccination screening checklist

national immunisation register.

This	checklist helps your doctor/nurse decide about vaccinating you or you	ır chil	d. Please tell your doctor/nurse if the person about to be vaccinated:		
	is unwell today		is pregnant		
	has a disease which lowers immunity (e.g. leukaemia, cancer, HIV/AIDS)		has a past history of Guillain-Barré syndrome		
	or is having treatment which lowers immunity (e.g. oral steroid medicines		has a chronic illness		
	such as cortisone and prednisone, radiotherapy, chemotherapy)		has a bleeding disorder		
	has had a severe reaction following any vaccine		was a preterm infant		
	has any severe allergies (to anything)		is an infant of a mother who was receiving highly immunosuppressive		
	has had any vaccine in the past month		therapy (e.g. biological disease modifying anti-rheumatic drugs		
	has had an injection of immunoglobulin, or received any blood products		(bDMARDs) during pregnancy		
	or whole blood transfusion within the past year				
Add	litional vaccines may be recommended if the person to be vaccinated:				
	identifies as an Aboriginal person				
	does not have a functioning spleen				
	is planning a pregnancy or anticipating parenthood				
	is a parent, grandparent or carer of a newborn				
	lives with someone who has a disease which lowers immunity (e.g. leukaemia, cancer, HIV/AIDS) or lives with someone who is having treatment which lowers immunity (e.g. oral steroid medicines such as cortisone and prednisone, radiotherapy, chemotherapy)				
	is planning travel				
	has an occupation or lifestyle factor(s) for which vaccination may be needed (discuss with your doctor of nurse)				
It is	Note: Please discuss this information or any questions you have about vaccination with your doctor or nurse before the vaccine is given. It is important for you to take home a personal record of your or your child's vaccinations. If you do not have a record, ask your doctor or nurse to give you one and bring it with you each time you or your child have a vaccination. Vaccination details will be forwarded to the relevant				

Adsorbed diphtheria and tetanus (dT) vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
ADT – Diphtheria/Tetanus Not a live virus vaccine	Diphtheria: contagious bacteria spread by airborne droplets from the nose and throat; causes severe throat and breathing difficulties. The bacteria release a toxin which can cause nerve paralysis and heart failure. About 16% of patients die. Tetanus: caused by toxin of bacteria in soil; causes painful muscle spasm, convulsions and lockjaw. About 2 in 100 patients die.	Common Low grade fever Pain, redness and swelling at injection site Nausea, feeling unwell and joint pain Uncommon Headache Tiredness, feeling generally unwell Muscle aches (myalgia) Very Rare Severe allergic reaction (anaphylaxis) Raised and itchy skin rash (urticarial) Inflammation of nerve in arm causing weakness and numbness (brachial neuritis)	 Drink extra fluids Rest Paracetamol can be given according to the instructions on the packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Adsorbed Diphtheria and Tetanus vaccine

Diphtheria and Tetanus (dT) Booster

For recommendations refer to the current edition of the Australian Immunisation Handbook. Please consult with your immunisation provider for further information

Note: Routine 10 yearly tetanus boosters are no longer recommended

Adolescent/Adult dTpa vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Diphtheria/Tetanus/ Pertussis (Whooping Cough) Not a live virus vaccine	Diphtheria: contagious bacteria spread by airborne droplets from the nose and throat; causes severe throat and breathing difficulties. The bacteria release a toxin which can cause nerve paralysis and heart failure. About 16% of patients die. Tetanus: caused by toxin of bacteria in soil; causes painful muscle spasm, convulsions and lockjaw. About 2 in 100 patients die. Pertussis (whooping cough): contagious bacteria spread by airborne droplets from the nose and throat; causes "whooping cough" and vomiting; cough can last up to 3 months. About 1 in 125 babies under 6 months who have pertussis die from pneumonia or brain damage.	 Common Pain, redness and swelling at injection site Low grade fever Headache Nausea Generally feeling unwell Very Rare Severe allergic reaction (anaphylaxis) Inflammation of nerve in arm causing weakness and numbness (brachial neuritis) 	 Drink extra fluids Rest Paracetamol can be given according to the instructions on the packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Adolescent/Adult dTpa vaccine

Adolescent/Adult dTpa vaccine

For recommendations refer to the current edition of the Australian Immunisation Handbook. Please consult with your immunisation provider for further information.

Hepatitis A Vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Hepatitis A Not a live virus vaccine	Hepatitis A: an acute infection of the liver. The virus survives for a long time on food kept at room temperature and on hands. Hepatitis A virus is spread from person to person and when contaminated food or water has been consumed. Causes fever, tiredness, feeling unwell, loss of appetite, vomiting, dark coloured urine, jaundice and pale faeces. Young children may not show symptoms but can still infect others. Aboriginal children are at a greater risk of acquiring hepatitis A and also for being hospitalised with the infection, compared to non-Aboriginal children.	 Pain, redness and swelling at injection site Low grade fever Headache Very Rare Severe allergic reaction (anaphylaxis) 	 Drink extra fluids Paracetamol can be given according to the instructions on the packet/bottle Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Hepatitis A vaccine

Hepatitis A Vaccine

Hepatitis B Vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Hepatitis B Not a live virus vaccine	Hepatitis B: A contagious virus spread mainly by blood, sexual contact, from mother to newborn baby, person-toperson (usually through contact between open sores or wounds). Following acute infection, up to 10% of those infected as adults and up to 90% of those infected as neonates become chronically infected with hepatitis B. Carriers of hepatitis B virus often have no symptoms and may not be aware that they are infected; though they are capable of transmitting the disease. 1 in 4 of all chronic cases die prematurely from cirrhosis or liver cancer.	 Common Low grade fever Pain, redness and swelling at the injection site Nausea/loss of appetite Headache Uncommon Injection site nodule, lasting many weeks. No treatment is necessary Very Rare Severe allergic reaction (anaphylaxis) 	 Drink extra fluids Rest Paracetamol can be given according to the instructions on the packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

2018

Recommendations for Hepatitis B vaccine

Hepatitis B Vaccine

Combined Hepatitis A and Hepatitis B Vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Hepatitis A/ Hepatitis B Not a live virus vaccine	Hepatitis A: an acute infection of the liver. The virus survives for a long time on food kept at room temperature and on hands. Hepatitis A virus is spread from person to person and when contaminated food or water has been consumed. Causes fever, tiredness, feeling unwell, loss of appetite, vomiting, dark coloured urine, jaundice and pale faeces. Young children may not show symptoms but can still infect others. Aboriginal children are at a greater risk of acquiring hepatitis A and also for being hospitalised with the infection, compared to non-Aboriginal children. Hepatitis B: A contagious virus spread mainly by blood, sexual contact, from mother to newborn baby, person-to-person (usually through contact between open sores or wounds). Following acute infection, up to 10% of those infected as adults and up to 90% of those infected as neonates become chronically infected with hepatitis B. Carriers of hepatitis B virus often have no symptoms and may not be aware that they are infected; though they are capable of transmitting the disease. 1 in 4 of all chronic cases die prematurely from cirrhosis or liver cancer.	Common Pain, redness and swelling at injection site Headache Generally feeling unwell and/or tired Uncommon Injection site nodule that may last week, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis)	 Drink extra fluids Paracetamol can be given according to the instructions on the packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272

Recommendations for Hepatitis A/B combination vaccine

Combined Hepatitis A and Hepatitis B Vaccine

Human Papillomavirus (HPV)

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Human Papillomavirus (HPV) Gardasil®9 recommendations: (2 doses 11 to <15 years of age) (3 doses >15 years of age) Not a live virus vaccine	Human Papillomavirus: Virus spread mainly by sexual contact; up to 80% of the population will be infected at some time in their lives. Most people clear the HPV infection within 12-24 months. HPV can cause penile, anal, cervical, vulval and vaginal cancers, as well as genital warts. About 7 in 10 cervical cancers have been associated with HPV-16 and HPV-18. HPV types 6 and 11 are associated with more than 90% of genital warts. In Australia, there are significant numbers of hospitalisations and deaths from HPV related cancers each year.	 Common Mild to moderate pain Redness and swelling at the injection site Fever Muscle aches and tiredness, Headache Uncommon Nausea Injection site nodule, lasting many weeks. No treatment is necessary Hypersensitivity reactions including bronchospasm and urticaria (itchy rash) Very Rare Severe allergic reaction (anaphylaxis) 	 Drink extra fluids Rest Paracetamol can be given according to the instructions on the packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

2018

Recommendations for Human Papillomavirus (HPV) vaccine

Human Papillomavirus (HPV)

Influenza (Flu) vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Not a live virus vaccine *People with a life threatening allergy to eggs should speak to their doctor before having the vaccination	Influenza: is a contagious virus spread from person to person by airborne droplets from the nose and throat, or by direct contact with secretions on hands, tissues and other objects. Onset of illness is usually abrupt and includes malaise, fever, chills, headache, loss of appetite, myalgia, cough, nasal discharge and sneezing. Temperatures may be higher in children (and may result in febrile convulsions). Influenza causes increased hospitalisations in the very young (under 5 year olds) and the elderly. Other high risk groups include pregnant women, people who are obese, diabetics and others with certain chronic medical conditions. There is an estimated 3000 deaths in people older than 50 years of age in Australia each year.	 Common Pain, redness and swelling at the injection site Fever (in children aged 6 months to 3 years) Drowsiness or tiredness and generally feeling unwell Muscle aches Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Severe allergic reaction (anaphylaxis) Guillain-Barré (1 in 1 million) In children less than 5 years of age these side effects may be more pronounced. 	 Drink extra fluids Rest Paracetamol can be given according to the instructions on the bottle/packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Influenza (Flu) Vaccine

Influenza (Flu) vaccine

Measles, Mumps and Rubella (MMR) vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
MMR – Measles/ Mumps/Rubella Live virus vaccine	Measles: Highly infectious virus spread by airborne droplets from the nose and throat. Causes high fever, rash and cough. About 1 in 15 children with measles develop pneumonia (severe chest infection) and 1 in 1,000 develop encephalitis (brain inflammation). For every 10 children who develop measles encephalitis, 1 will die and many will suffer permanent brain damage. About 1 in 100,000 children develop SSPE (brain degeneration), which is always fatal. Mumps: Contagious virus spread by saliva. Causes swollen neck and salivary glands. 1 in 5,000 children develop encephalitis (brain inflammation). 1 in 5 adolescent/adult males develop inflammation of the testes. Can cause infertility and deafness. Rubella: A contagious virus spread by airborne droplets from the nose and throat. Causes fever, rash, painful swollen glands and painful joints. 1 in 6,000 develop encephalitis (brain inflammation) Causes severe malformations in babies of infected women – 9 in 10 babies infected during the first trimester of pregnancy will have major abnormalities (deafness,	 Common Pain, redness and swelling at injection site The following reactions may occur within 5 to 12 days after immunisation: Moderate fever High fever above 39°C lasting 2-3 days (5-15%) Faint rash (not infectious) Cold like symptoms Swollen glands, stiff neck or joint pain Uncommon Injection site nodule lasting weeks, no treatment necessary Very Rare Thrombocytopenia (bruising or bleeding) can occur after the first dose (in about 5 in 100,000 people) Severe allergic reaction (anaphylaxis) 	 Give extra fluids Rest Paracetamol can be given according to the instructions on the bottle/packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.
	blindness, brain damage and heart defects).		

Recommendations for Measles, Mumps and Rubella (MMR) vaccine

Measles, Mumps and Rubella (MMR) vaccine

Meningococcal B vaccine (Men B)

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Meningococcal B Not a live virus vaccine	Meningococcal: a bacteria spread by respiratory droplets. Causes meningitis (inflammation of the covering of the brain), septicaemia (blood infection) or a combination of the two. Pneumonia (severe chest infection), arthritis and conjunctivitis may also occur but are uncommon. A purple rash may develop in patients with meningococcal septicaemia. The rash may appear rapidly on any part of the body. Septicaemia with or without meningitis can be particularly severe, and can result in death. Of those who survive, 10-30% will have permanent long-term problems, such as the loss of limbs, deafness and brain damage	Common High temperature (fever). In babies and young children the temperature usually peaks 6 hours after the vaccine has been given, decreasing on day 2 and subsiding by day 3 Irritable, crying, unsettled and generally unhappy Loss of appetite/nausea Headache (usually observed in adolescents/adults) Localised pain, redness and swelling at injection site Rash (toddlers) Very Rare Severe allergic reaction (anaphylaxis)	 Drink extra fluids Rest Give Paracetamol with every dose of Men B vaccine for babies and young children Paracetamol can be given according to the instructions on the bottle/packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Meningococcal B vaccine

Meningococcal B vaccine (Men B)

Meningococcal ACWY vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Meningococcal ACWY Not a live virus vaccine	Meningococcal: a bacteria spread by respiratory droplets. Causes meningitis (inflammation of the covering of the brain), septicaemia (blood infection) or a combination of the two. Pneumonia (severe chest infection), arthritis and conjunctivitis may also occur but are uncommon. A purple rash may develop in patients with meningococcal septicaemia. The rash may appear rapidly on any part of the body. Septicaemia with or without meningitis can be particularly severe, and can result in death. Of those who survive, 10-30% will have permanent long-term problems, such as the loss of limbs, deafness and brain damage	Common Pain, redness and swelling at injection site Mild fever Irritable or unsettled Decreased appetite Headache Uncommon Injection site nodule lasting weeks, no treatment necessary Rash Very Rare Severe allergic reaction (anaphylaxis)	 Drink extra fluids Rest Paracetamol can be given according to the instructions on the bottle/packet Do not overdress if hot If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Meningococcal ACWY vaccine

Meningococcal ACWY vaccine

23-valent Pneumococcal Vaccine (Pneumovax 23)

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Pneumococcal Not a live virus vaccine	Pneumococcal infections: bacteria spread by airborne droplets from the nose and throat; causes fever, pneumonia (severe chest infection), septicaemia (blood poisoning), meningitis (infection of the tissues surrounding the brain) and occasionally other infections. Causes 1 in 3 of all pneumonia cases and 1 in 2 pneumonia hospitalisations in adults. About 3 in 10 people with meningitis die.	Common Localised pain, redness and swelling at injection site Low-grade temperature (fever) Uncommon Occasionally, an injection-site nodule; may last many weeks; no treatment needed Very Rare Severe allergic reaction (anaphylaxis)	 Drink extra fluids Paracetamol can be given according to the instructions on the bottle/packet Do not overdress if hot
			If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Pneumococcal (Pneumovax 23) Vaccine

23-valent Pneumococcal Vaccine (Pneumovax 23)

13-valent Pneumococcal Vaccine (Prevenar)

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Pneumococcal (Prevenar 13) Not a live virus vaccine	Pneumococcal infections: bacteria spread by airborne droplets from the nose and throat; causes fever, pneumonia (severe chest infection), septicaemia (blood poisoning), meningitis (infection of the tissues surrounding the brain) and occasionally other infections. Causes 1 in 3 of all pneumonia cases and 1 in 2 pneumonia hospitalisations in adults. About 3 in 10 people with meningitis die.	Common Localised pain, redness and swelling at injection site Drowsiness Decreased appetite Low-grade temperature (fever) Uncommon Occasionally, an injection-site nodule; may last many weeks; no treatment needed Very Rare Severe allergic reaction (anaphylaxis)	 Drink extra fluids Paracetamol can be given according to the instructions on the bottle/ packet Do not overdress if hot
			If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for 13-valent Pneumococcal Vaccine Prevenar 13

13-valent Pneumococcal Vaccine (Prevenar)

Inactivated Polio Vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Polio Not a live virus vaccine	Poliomyelitis: Contagious virus spread by faeces and saliva; symptoms can include fever, headache, vomiting, neck and back stiffness and may progress to paralysis. About 1 in 20 children and 1 in 3 adults with paralytic polio die. 100% of all children that remain unprotected and come in contact with the virus will become infected	Common Muscle aches Localised pain, redness and swelling at injection site Low-grade temperature (fever) Uncommon Occasionally, an injection-site nodule; may last many weeks; no treatment needed Very Rare Severe allergic reaction (anaphylaxis)	 Drink extra fluids Rest Paracetamol can be given according to the instructions on the bottle/packet Do not overdress if hot
			If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Inactivated Polio Vaccine

Inactivated Polio Vaccine

Varicella (Chickenpox) vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Chickenpox Live virus vaccine	Chickenpox: A highly contagious virus. Causes low-grade fever and an itchy, vesicular rash (fluid-filled spots). Reactivation of the virus later in life causes herpes zoster (shingles). 1 in 100,000 patients develop encephalitis (brain inflammation). About 3 in 100,000 patients die. Infection during pregnancy can result in congenital malformations in the baby. Infection in the mother around delivery time results in a severe infection in the newborn baby in 1 in 3 cases.	 Common Localised pain, redness and swelling at injection site Temperature (fever, can be >39°C) Seen 5-26 days after vaccination: Pustular rash (2-5 lesions), usually at injection site occasionally elsewhere *Most 'chickenpox' like rashes that occur within the first 2 weeks after vaccination are due to 'wild type' chickenpox. Uncommon Occasionally, an injection-site nodule; may last many weeks; no treatment needed 	 Drink extra fluids Paracetamol can be given according to the instructions on the bottle/packet Do not overdress if hot Treat rash as infectious Seek advice from your pharmacy for products that may reduce itchiness
		Very Rare Thrombocytopenia (reduced platelets in the blood), ataxia (impaired ability to coordinate movement) and encephalitis (brain inflammation) Severe allergic reaction (anaphylaxis)	If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00pm. Outside of these hours, healthdirect Australia can offer advice on 1800 022 222.

Recommendations for Varicella (Chickenpox) vaccine

Varicella (Chickenpox) vaccine

Zoster (herpes zoster) vaccine

Vaccine	Effects of the Disease	Possible side effects of vaccination	What to do to reduce side effects
Herpes zoster (shingles) Live virus vaccine	Herpes zoster (shingles): is a localised, painful, vesicular skin rash resulting from reactivation of the same virus that causes chickenpox earlier in life. Shingles is most common on the abdomen, sides and back, but can affect any part of the body, including the face. It usually lasts 10-15 days. Shingles can lead to post-herpetic neuralgia (PHN) which is persistent pain lasting longer than 3 months after the development of the rash. Depending on the site of reactivation, complications can occur, especially with increasing age. Depending on the area affected, the following may occur: Inflammation of the eye Inflammation of the brain and spinal cord Secondary bacterial infection Pneumonia	Common Pain, redness and swelling at injection site Headache Fatigue (tiredness) Fever (temperature) Chickenpox like rash around injection site may occur Very Rare Severe allergic reaction (anaphylaxis)	 Give extra fluids Paracetamol can be given according to the instructions on the packet Seek advice from your pharmacy for products that may reduce itchiness If you are concerned or worried, seek further advice from your doctor, immunisation nurse or the Immunisation Section at SA Health on 1300 232 272 Monday to Friday 8.30am – 5.00 pm. Outside of these hours, healthdirect Australia is able to offer advice on 1800 022 222.

Recommendations for Zoster (herpes zoster) vaccine

Zoster (herpes zoster) Vaccine

For more information

Immunisation Section Communicable Disease Control Branch PO Box 6 Rundle Mall Adelaide SA 5000 Phone: 1300 232 272

www.sahealth.sa.gov.au/immunisation

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